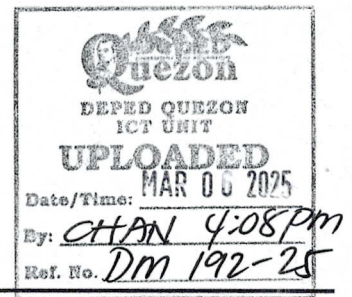




Republic of the Philippines  
**Department of Education**  
Region IV-A  
SCHOOLS DIVISION OF QUEZON PROVINCE



5 March 2025

**DIVISION MEMORANDUM**  
**DM No. 192, s. 2025**

**CORRIGENDUM TO DM NO. 142, S. 2025 TITLED THE PRIORITIZING MENTAL HEALTH AND WELLBEING THROUGH CULTIVATING PSYCHOLOGICAL FIRST AID STRATEGY FOR TEACHERS AND STAFF AND EFFECTIVE COMMUNICATION FOR EFFICIENT EDUCATIONAL SERVICE DELIVERY**

**To:** Schools Division Superintendent  
Assistance Schools Division Superintendents  
Section/ Unit Heads  
Education Program Supervisors  
Secondary School Heads  
All others concerned

1. In reference to the Division Memorandum No. 142, s. 2025, titled Prioritizing Mental Health and Wellbeing Through Cultivating Psychological First Aid Strategy For Teacher And Staff and Effective Communication for Efficient Educational Service Delivery, this office, through the School Governance Operation Division, hereby informs the change of venue from M.I. Sevilla Farm Resort, Domoit, Lucena City to Queen Margarett Hotel Downtown, Granja St., Lucena City on March 8, 2025.
2. Other provisions in the previous Memorandum are still in effect.
3. For further question and clarification, kindly coordinate with Nurse **May Ann Gail C. Candelaria** - Focal Person of School Mental Health Program at 09171400886.
4. Immediate dissemination of this memorandum is desired.

  
**ROMMEL C. BAUTISTA, CESO V**  
Schools Division Superintendent

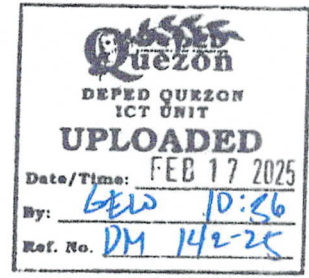
sgod-shs/magcc/3/5/2025  
DEPEDQUEZON-TM-SDS-04-009-003



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Republic of the Philippines  
**Department of Education**  
Region IV-A  
SCHOOLS DIVISION OF QUEZON PROVINCE



12 February 2025

**DIVISION MEMORANDUM**  
DM No. 142, s. 2025

**PRIORITIZING MENTAL HEALTH AND WELLBEING THROUGH CULTIVATING  
PSYCHOLOGICAL FIRST AID STRATEGY FOR TEACHERS AND STAFF  
AND EFFECTIVE COMMUNICATION FOR EFFICIENT  
EDUCATIONAL SERVICE DELIVERY**

**To:** Schools Division Superintendent  
Assistance Schools Division Superintendents  
Section/ Unit Heads  
Education Program Supervisors  
Secondary School Heads  
All others concerned

1. Department of Education (DepEd), through DepEd Order No. 14, s 2020 (Guidelines on the Required Health Standards in Basic Education Offices and Schools), details the provision of mental health and psychosocial support services (MHPSS) to increase the mental resilience of learners and DepEd personnel. As such, one of the programs of Oplan Kalusugan sa DepEd (Ok sa DepEd) is School Mental Health (DO 28 s, 2018). This is in line with Republic Act 11036 otherwise known as Mental Health Act which provides duties and responsibilities for DepEd in regulating a comprehensive school mental health policy.
2. To further strengthen this program, the Schools Division of Quezon, through the SGOD- School Health Section will be conducting a Mental Health Management particularly on Race Against Suicide and Referral System on **March 8, 2025** from **8:00 a.m. to 5:00 p.m.** at **M.I Sevilla Hotel and Resort**, Brgy. Domoit, Lucena City.
3. This program aims to equip them with skills and information for the detection of early signs of mental health concerns, addressing suicidal ideation, focusing on identification, management and appropriate referral.

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4. Relative to this, all Registered Guidance Counselors and school guidance designates are enjoined to participate. For the complete list of participants slot per congressional district, refer to the link and QR code below.

<https://tinyurl.com/GuidanceDesignatesParticipants>



5. For further details regarding the indicative program of activity, refer to Annex A.
6. Schools concerned are requested to grant compensatory time off (CTO) to the participating personnel, as applicable, which will be calculated based on the actual days that they participate in the activity, in accordance with existing Civil Service Commission rules and regulation. Food and accommodation will be provided at M.I Sevillas Hotel and Resort, whereas, travel expenses shall be charged to school MOOE, subject to usual accounting and auditing rules and regulations.
7. For inquiries, you may contact Nurse **May Ann Gail C. Candelaria** - Focal Person of School Mental Health Program at 09171400886.
8. Immediate dissemination of this memorandum is desired.

  
**ROMMEL C. BAUTISTA, CESO V**  
Schools Division Superintendent

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**(ANNEX A) Indicative Program of Activity:**

Time	Activity	Methodology	Responsible Person
<b>March 8, 2024 -</b>			
7:00-8:00	Registration		<b>Nurse Zandy Del Moro</b> SMHP Coordinator -CD4  <b>Nurse Kaylim F. Pinion</b> SMHP Coordinator -CD2
8:00-8:15	Opening program Prayer Nationalistic song Energizer		AVP
8:15-8:20	Roll call of the participants		<b>Nurse Katrina Thea C. Reyes</b> SMHP Coordinator -CD3
8:20-8:30	Opening remarks		<b>Marie Antoinette Aguinaldo-Tesalona, MD</b> Medical Officer III
8:30-8:45	Messages		<b>JUANITO A. MERLE, Ed.D.</b> SGOD Chief  <b>ROMMEL C. BAUTISTA,</b> <b>CESO V</b> SDS
8:45-9:00	Overview of the Program		<b>Nurse Leah C. Barrameda</b> SMHP Coordinator- CD4
9:00-9:15	Break		
9:15-9:20	Introduction of the speakers		<b>Nurse May Ann Gail C. Candelaria</b> SMHP Division Focal
9:20-10:45	Suicide & the School		<b>Ms. Jade Ann V. Aquino</b> RCG of Atimonan Comprehensive High School
10:45-12:00	How to RACE against Suicide		<b>Ms. Vigiline A. De Vera</b> RGC of Gumaca National High School
12:00- 1:00	Lunch Break		
1:00- 4:30	Healthy communication and Simulation Activity		<b>Mr. Iris V. Mente</b> Guidance Coordinator III- Quezon National High School

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			<b>Ms. Mitos Amadel S. Villamor</b> Registered Guidance Counselor Infanta National High School
4:30- 5:00	Awarding certificates to speakers		
<b>Nurse KAYLIM F. PINION</b> Documenter			
<b>Nurse Marinel C. Malabonga and Nurse Zandy Del Moro</b> Masters of Ceremony			

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